

# YOUR CHILD'S DIGITAL FOOTPRINT IS FOREVER!

Help your child understand how their online posts, shares and likes can have an impact on their future.

Did you know that colleges, universities and employers often look up applicants on social media before accepting them?

Your child's digital footprint includes:

- Social media posts, likes, shares and comments.
- Emails and private messages.
- Browsing history.
- Online forms and more.

Talk with your child and help them be safe, respectful and responsible when using the internet.



Please reach out to your child's counselor with additional questions or concerns.



Visit [www.cfisd.net/Page/8241](http://www.cfisd.net/Page/8241) for additional resources to help you keep your child safe online. Or scan QR code below.



# Parent Guide to Internet Safety and Digital Citizenship



The safety of children and youth is of the utmost importance to CFISD staff. We endeavor to educate students and parents about ways to maintain safety and good conduct while utilizing district technology resources.

This brochure will provide you, the parent, with tools and information you can readily use to better guide your child as they explore the online world.

**Be safe, Be respectful, Be responsible!**



*DigiSafe is an initiative from the CFISD Guidance & Counseling Department.*





As a parent, you have a unique opportunity to guide your child toward a healthy relationship with technology. CFISD would like to support you in that mission. We encourage students to utilize technology in ways that are beneficial to them, to their community and to the world.

## What is Digital Citizenship?



- Staying safe when using devices and connecting with others.
- Being courteous & respectful to others online.
- Being responsible about how you utilize technology.



**DIGISAFE IS HERE TO SUPPORT ALL CFISD PARENTS SEEKING TO KEEP THEIR CHILD SAFE ONLINE. HOW CAN WE HELP YOU?**

**DigiSafe@cfisd.net,  
281-213-1773**



## RECOMMENDATIONS

- **Learn more about your child's use of technology.**

Your involvement matters. Find out more about what your child enjoys watching and reading online. When possible, sit down and watch with them.

- **Friend your child on social media.**

Who are your child's friends online?

Learn more about their posts and other activities.

- **Have open conversations, avoiding judgement and anger.**

The idea is to build a relationship with your child and learn more about them.

- **Keep computers and other devices out of the bedroom.**

Have your child use their devices in areas of the home where you are able to visually monitor. Cell phones and other devices should be kept out of a child's bedroom at night to allow for proper rest.

- **Set screen time limits.**

Have a conversation with your child about the importance of media use balance. Use timers to help you and your child know when it's time for them to take a break from screens.



## RESOURCES

**CFISD Digital Citizenship Resource Page**

[www.cfisd.net/Page/8241](http://www.cfisd.net/Page/8241)

**Common Sense Media**

[www.common Sense Media.org](http://www.common Sense Media.org)

**Thorn For Parents**

<https://parents.thorn.org>

**NetSmartz**

[www.missingkids.org/netsmartz](http://www.missingkids.org/netsmartz)

**The Smart Talk**

[www.thesmarttalk.org](http://www.thesmarttalk.org)

**Safety Pledge**

<https://safetypledge.org/>



**THE CFISD STUDENT HANDBOOK STATES THE FOLLOWING:**

**"Electronic mail transmissions and other use of the electronic communications system by students shall not be considered confidential and may be monitored at any time by designated district staff to ensure appropriate use for educational or administrative purposes. This monitoring may include logging, virus scanning, and content scanning."**